



MCREA

Montgomery County Retired Employees' Association, Inc.

May 2009

ANNUAL MEETING SET FOR JUNE 4, 2009

Please join us on: Thursday, **June 4, 2009** for MCREA's Annual Meeting

Location: **Council Office Building Cafeteria**

Time: The meeting begins at **7:00 p.m.**

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Representatives of Blue Cross Blue Shield CareFirst will be on hand to answer your questions and listen to any concerns you may have.

There will be a speaker on a topic of interest to retirees. Come and learn, listen, see former friends and colleagues. Light refreshments will be served at the meeting. Meeting concludes by 9:00 p.m.

BOARD MEMBER NOMINATIONS

Your Board of Directors consists of fourteen members who are elected to serve for two-year staggered terms. At every Annual Meeting, seven people are elected or re-elected to the Board. In addition to the elected members, there can be three Presidential appointments that are made yearly.

We are a volunteer organization and depend on our members to volunteer for short-term or on-going projects. We need retirees to indicate an interest in participating. On-going projects vary, but might be to monitor the County Council agendas and identify items of interest to retirees. A short-term project might be to write an article for the newsletter on something that you think would interest or affect retirees.

If you are interested in serving on the Board, please contact Carl Edelin, Jr., Nominating Chair. Carl can be reached by phone at 1.302.376.8270 or by email at ppmsfa@verizon.net.

GET TO KNOW YOUR BOARD MEMBERS

Michael R. Suter retired from the Department of Fire/Rescue Services in 1999 after 28 years of service in the Operations Bureau.

He and his wife, *Rusty*, have been married for 33 years. They have four (4) grown children and four (4) grandchildren with another one due in October.

Mike enjoys boating, fishing, reading, traveling, and watching the grandchildren play sports and grow up. He and Rusty have traveled with friends to Bermuda, Jackson Hole, WY, Grand Canyon and Yellowstone National Parks, Hawaii, and Alaska. When they are finished remodeling their kitchen, they hope to be "on the road again."

HEALTH INSURANCE ENROLLMENT STATISTICS

INSURANCE STATISTICS ~ Medical Plans as of 4-1-09						
CareFirst						
Indemnity	High POS	Standard POS	High POS OOA	POS OOA	Kaiser	UHC
1,061	1,617	59	716	33	191	566

INSURANCE STATISTICS ~ Dental/Prescription Plans as of 4-1-09			
Dental Plan		Prescription Plans	
		Caremark	Standard Rx
Discount Vision		High Rx \$5/\$10	
4,498	2,359	2,788	200

MEG MENKE NOMINATED FOR 2ND TERM WITH BOARD OF INVESTMENT TRUSTEES

Meg Menke was recently re-appointed by County Executive Ike Leggett, and confirmed by the County Council to her second three-year term as MCREA’s representative on the Board of Investment Trustees. The Board is responsible for administration of the retirement systems. Since Meg is serving her second term on the Board, she is not eligible for a third term, in accordance with County Council policy. As a result, MCREA will need a new representative to the Board of Investment Trustees in 2012.

CATASTROPHIC HEALTH INSURANCE

If you are interested in applying for this insurance which available from Blue Cross Blue Shield, call 1-800-544-8703 for an application. You may apply for coverage if you are under 65 years of age.

Blue Cross Blue Shield recently updated information about Catastrophic health care coverage to amend a description for eligibility of a policyholder's Domestic Partner (same sex or opposite sex) and the Dependent Children of a Domestic Partner. The purpose of the amendment is to bring the contract into compliance with regulations issued by the Maryland Insurance Administration. Questions? Call 1.800.843.4280

SWINE FLU PREVENTION

Protect yourself by following these four simple steps: cover your mouth when you cough, sneeze into your sleeve, stay home if you are sick or not feeling well, and be sure to wash your hands frequently.

REMEMBER TO UPDATE YOUR BENEFICIARIES

Please keep your address and beneficiary forms current with OHR. If you need the forms to update your address (Personal Data Form) or your beneficiaries, please go to the Resource Library at <http://www.montgomerycountymd.gov/content/ohr/ResourceLibrary/RLMain.cfm> click on the Benefits tab and the forms can be found under Benefits Forms link. Or, call OHR for the forms.

Also, remember to update beneficiary information for any IRAs, insurance policies, various individual saving plans, and other important financial documents.

MCREA toll Free Phone number: **1-866-929-9339 or 301-929-9339**
Montgomery County's Office of Human Resources at **240-777-5000** or toll free
1-877-613-5212; Benefits Team Direct Line 240-777-5120 or 240-777-5131 (Fax) or via
email - benefits@montgomerycountymd.gov
CareFirst Blue Cross-Blue Shield: Indemnity Plan; and Point-of-Service (POS) Plan.
Member Services: Toll Free number is **1-888-417-8385**; www.Carefirst.com
Kaiser Permanente: Washington Area: **301-468-6000**; Baltimore Area: **1-800-777-7902**
United Healthcare Member Services: **1-800-638-0014** www.myuhc.com
Caremark: **1-866-240-4926** www.caremark.com
United Concordia (Dental): **1-800-851-7564**; Email: www.ucci.com
National Vision Administrators (NVA): **866-468-2393**; E-mail: www.e-nva.com
Prudential Long Term Care Insurance: **1-800-732-0416**; E-mail: www.Prudential.com
Aetna Toll Free Number: **1-800-952-2700**
ING (CitiStreet): **240-777-5024 or Hartford: 301-512-0852**

The newsletter is published by: Montgomery County Retired Employees' Association, Inc., P. O. Box 73, Rockville, Maryland 20848-0073. Editor: Carol Maryman. Telephone: 301-929-9339 **MCREAonline.com**. We welcome your thoughts and suggestions on our newsletter.

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